## OUT OF THE DARKNESS WALK 2025

SATURDAY, APRIL 12TH ENTRY PLAZA UPTOWN CAMPUS CHECK-IN: 12-1 P.M. WALK: 1-2 P.M.

\$100 TO HONEST WEIGHT FOOD CO-OP PERSONAL TRAINING WITH RECREATION & WELLNESS

UALBANY SWAG BAG BOUNTIFUL BREAD'S BREAD OF THE MONTH CLUB

Each action below is a separate entry to win prizes:

- Register for the walk at afsp.org/ualbany
- Donate to the walk
- Follow us on Instagram: @UAlbanyOOTD
- Attend a fundraiser at Blaze (3/7) or Chipotle (4/7)

## To enter\*:

 Take a screenshot of each completed action and email it to ualbanyootd@albany.edu

\*Some raffle items available only to UAlbany students.\*























STUDENT AFFAIRS & ENROLLMENT

REGISTER

Register with the

QR code or at

AFSP.org/UAlbany

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American
Foundation
for Suicide
Prevention





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OFFICE OF HEALTH PROMOTION



A U X I L I A R Y S E R V I C E S



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